

ELECTION COMMISSION OF INDIA

Nirvachan Sadan, Ashoka Road, New Delhi-110001

No. ECI/PN/67/2019

Dated: 21st June, 2019

PRESS NOTE

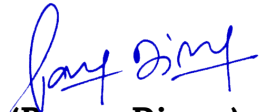
Election Commission of India Observes 5th International Day of Yoga

Election Commission of India today observed the 5th International Day of Yoga at ECI headquarters, Nirvachan Sadan, New Delhi by organising sessions on Yoga and gave the message for fit and healthy lifestyle.



21st June is celebrated globally as International Day of Yoga. On this occasion ECI has organized a one hour session of Yoga in 6 batches for more than 400 participants including senior officers and staff. Election Commissioner, Shri Sushil Chandra, Director General, Shri Dharendra Ojha and senior officers along with staff of the Commission participated in the yoga Session with great enthusiasm and positivity. The sessions were conducted under observation of qualified trainers and demonstrators from Morarji Desai National Institute of Yoga.




(Pawan Diwan)
Under Secretary